

# March 2025

## Seaforth Long-Term Care Home



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|--|--|---|---|---|---|
|  |  |  |   |   |   | 10:15 Exercise Group <b>1</b><br>2:00 Trivia Tic Tac Toe<br>7:00 Giant Word Search                          |
| 10:15 Communion with Linda Kistner <b>2</b><br>2:00 Parachute<br>7:00 Oscar's Party                    | 10:15 Exercise Group <b>3</b><br>1:00 Music with Dana<br>2:00 Music Bingo<br>3:00 Tuck Cart<br>7:00 Slots Machine Competition                                  | 10:15 Stronger Seniors <b>4</b><br>2:00 Scrambled Words<br>3:00 Friendly Visits<br>7:00 Visits with Snowflake<br><b>SHROVE TUESDAY</b>                                     | 7:00 Tea and Coffee with Lisa <b>5</b><br>9:00 Massage Therapy<br>10:15 Stronger Seniors<br>2:00 Residents Council/Food Committee<br>3:00 Ice Cream Cones<br>7:00 Games Night <b>ASH WEDNESDAY</b>            | 10:15 Stronger Seniors <b>6</b><br><b>2:00 Entertainment with Now &amp; Then</b><br>3:00 Hand Therapy<br>7:00 Baking with Oreos<br><b>NATIONAL OREO DAY</b> | 10:15 Stronger Seniors <b>7</b><br>2:00 Bingo<br>7:00 Concentration   | 10:15 Exercise Group <b>8</b><br>2:00 Bake Cupcakes<br>7:00 Ladies Night<br><b>INTERNATIONAL WOMENS DAY</b> |
| 10:15 Communion with Mary Flannery <b>9</b><br>2:00 Church Service with Phil Kuttain<br>7:00 Manicures | 10:15 Stronger Seniors <b>10</b><br>1:00 Music with Dana<br>2:00 Pokeno<br>3:00 Tuck Cart<br>7:00 Java Music Club  | 10:15 Stronger Seniors <b>11</b><br>2:00 Spring Painting<br>3:00 Friendly Visits<br>7:00 Sparkling Spectacles  | 7:00 Tea and Coffee with Lisa <b>12</b><br>9:00 Massage Therapy<br>10:15 Exercise Group<br>2:00 Plant Flower Seeds<br><b>7:00 Entertainment with the Leaving Tracks</b><br><b>NATIONAL PLANT A FLOWER DAY</b> | 10:15 Exercise Group <b>13</b><br>2:00 Bingo<br>3:00 Hand Therapy<br>7:00 Balloon Volleyball  | 8:00 Breakfast Club <b>14</b><br>10:15 News and Views<br><b>2:00 Entertainment with Marie &amp; Joseph</b><br>7:00 Potato Chips         | 10:15 Stronger Seniors <b>15</b><br>2:00 Drumming Circle  |
| 10:15 Communion with Mary Ryan <b>16</b><br>2:00 ABC Word Game<br>Things That Are Green                | 10:15 Stronger Seniors <b>17</b><br>1:00 Music with Dana<br><b>2:00 St. Patrick's Day Party with Martin Gelinias</b><br>7:00 Jeopardy                          | 10:15 Stronger Seniors <b>18</b><br>2:00 Karaoke<br>3:00 Tuck Cart<br>7:00 Visits with Snowflake   | 7:00 Tea and Coffee with Lisa <b>19</b><br>9:00 Massage Therapy<br>10:15 Exercise Group<br>2:00 Church Service with Rev. Ken Whiting<br>3:00 Ice Cream Cones<br>7:00 Games Night                              | 10:15 Exercise Group <b>20</b><br>2:00 Make Easter Signs<br>3:00 Hand Therapy<br>7:00 "Spring" Guggenheim<br><b>FIRST DAY OF SPRING WEAR YELLOW</b>         | 8:00 Breakfast Club <b>21</b><br>10:15 News and Views<br>2:00 Bingo<br>7:00 FRY Day-Poutine<br><b>ROCK YOUR SOCKS FOR DOWN SYNDROME</b> | 10:15 Stronger Seniors <b>22</b><br>2:00 Armchair Travel<br>7:00 Mens Night                                 |
| 10:15 Communion with Linda Kistner <b>23</b><br>2:00 Universal Yums<br>7:00 Manicures                  | 10:15 Stronger Seniors <b>24</b><br>1:00 Music with Dana<br>2:00 Huron County Bingo<br>3:00 Tuck Cart<br>7:00 OMNI Projector                                   | <b>8:00 Eggs to Order</b> <b>25</b><br>10:15 Stronger Seniors<br><b>2:00 Birthday Celebration with Dave Shakespeare</b><br>3:00 Birthday Cake<br>7:00 Sparkling Spectacles | 7:00 Tea and Coffee with Lisa <b>26</b><br>9:00 Massage Therapy<br>10:15 Exercise Group<br>2:00 Hymn Sing<br>3:00 Ice Cream Cones<br>7:00 Snoezelen   | 10:15 Exercise Group <b>27</b><br>2:00 Memorial Service<br>3:00 Hand Therapy<br>7:00 Pool Noodle Game<br>   | 8:00 Breakfast Club <b>28</b><br>10:15 News and Views<br>2:00 Bingo<br>6:30 Movie Night   | 10:15 Stronger Seniors <b>29</b><br>2:00 Horse Races  |
| 10:15 Communion with Tom Devereaux <b>30</b><br>2:00 Axe Throwing                                      | 10:15 Stronger Seniors <b>31</b><br>1:00 Music with Dana<br>2:00 Bell Choir with Dana<br>3:00 Tuck Cart<br>7:00 Make Dessert Tacos<br><b>NATIONAL TACO DAY</b> |  |   |   |   |   |