




January 2025

Seaforth Long-Term Care Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">“ APPROACH THE NEW YEAR WITH THE RESOLVE TO FIND THE OPPORTUNITIES HIDDEN IN EACH NEW DAY.”</p>			7:00 Tea and Coffee with Lisa 1 9:00 Massage Therapy 10:15 Exercise Group 2:00 Residents Council/Food Committee 3:00 Ice Cream Cones 7:00 Ring Toss	10:15 News and Views 2 2:00 Make Snowflakes 3:00 Hand Therapy 7:00 Balloon Volleyball	8:00 Breakfast Club 3 10:15 Exercise Group 2:00 Bingo 7:00 Meditation 	10:15 Stronger Seniors 4 2:00 Giant Yahtzee 7:00 ABC Word Game
10:15 Communion with Mary Barnes 5 2:00 Make Bird Treats 7:00 Manicures  NATIONAL BIRD DAY	10:15 Stronger Seniors 6 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Let's Bake	10:15 Stronger Seniors 7 2:00 Entertainment with Jason Lamont 3:00 Visits with Snowflake 7:00 Ladies Night	7:00 Tea and Coffee with Lisa 8 9:00 Massage Therapy 10:15 Exercise Group 2:00 Entertainment with Ken Dale 3:00 Hot Chocolate 7:00 Games Night 	10:15 News and Views 9 2:00 Let's Celebrate! 3:00 Celebration Cake 7:00 Ladder Ball 	8:00 Breakfast Club 10 10:15 Exercise Group 2:00 Entertainment with Marie & Joseph 7:00 Trivia Tic Tac Toe	10:15 Stronger Seniors 11 2:00 Universal Yums 7:00 Shake Loose A Memory 
10:15 Communion with Mary Flannery 12 2:00 Church Service with Phil Kuttain 7:00 Manicures	10:15 Stronger Seniors 13 1:00 Music with Dana 2:00 Pokeno 3:00 Tuck Cart 7:00 Slots for Seniors	10:15 Stronger Seniors 14 2:00 Entertainment with Cam Denomme 3:00 Friendly Visits 7:00 Karaoke	7:00 Tea and Coffee with Lisa 15 9:00 Massage Therapy 10:15 Exercise Group 2:00 Church Service with Pastor Ken Whiting 3:00 Ice Cream Cones 7:00 Snoezelen NATIONAL HAT DAY 	10:15 News and Views 16 2:00 Winter Paintings 3:00 Hand Therapy 7:00 Pool Noodle Game	8:00 Breakfast Club 17 10:15 Exercise Group 2:00 Bingo 7:00 Concentration	10:15 Stronger Seniors 18 2:00 DrumFIT 7:00 Giant Word Search 
10:15 Communion with Mary Ryan 19 2:00 Movie & Popcorn 7:00 Manicures 	10:15 Stronger Seniors 20 1:00 Music with Dana 2:00 Huron County Bingo 3:00 Tuck Cart 7:00 Let's Make Candy	10:15 Stronger Seniors 21 3:00 Visits with Snowflake 7:00 Mens Night	7:00 Tea and Coffee with Lisa 22 9:00 Massage Therapy 10:15 Exercise Group 3:00 Hot Chocolate 7:00 Games Night	10:15 News and Views 23 2:00 Word Bridge 3:00 Hand Therapy 7:00 Target Toss	8:00 Breakfast Club 24 10:15 Exercise Group 2:00 Bingo 7:00 Jeopardy	10:15 Stronger Seniors 25 2:00 Armchair Travel 7:00 Chicken Soup for the Soul
10:15 Communion with Linda Kistner 26 2:00 Axe Throwing 7:00 Manicures	10:15 Stronger Seniors 27 1:00 Music with Dana 2:00 Bell Choir with Dana 3:00 Tuck Cart 7:00 Java Music Club	10:15 Stronger Seniors 28 2:00 Birthday Celebration - Music with Val 3:00 Friendly Visits 7:00 OMNI Projector 	7:00 Tea and Coffee with Lisa 29 9:00 Massage Therapy 10:15 Exercise Group 2:00 Chinese New Year-Year of the Snake 3:00 Ice Cream Cones 7:00 Snoezelen 	10:15 News and Views 30 2:00 Sentence Sense 3:00 Hand Therapy 7:00 Floor Shuffleboard	8:00 Breakfast Club 31 10:15 Exercise Group 2:00 Bingo 7:00 FRY Day 	