















March 2024

Seaforth Long-Term Care Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:00 Breakfast Club 1 10:15 Stronger Seniors 2:00 Bingo 7:00 Let's Bake Cookies	10:15 News and Views 2 2:00 Floor Shuffleboard 7:00 Hangman
10:15 Communion with Tom Devereaux 3 2:00 Horse Shoes 7:00 Manicures	10:15 Stronger Seniors 4 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Java Music Club	10:15 Exercise Group 5 2:00 Curling 3:00 Friendly Visits 7:00 Games Night	9:00 Massage Therapy 6 10:15 Stronger Seniors 2:00 Residents Council/Food Committee 3:00 Ice Cream Cones NATIONAL OREO DAY 	10:15 Exercise Group 7 2:00 Karaoke 3:00 Hand Therapy 7:00 Balloon Volleyball	10:15 Stronger Seniors 8 2:00 Bingo 7:00 Wii Games	10:15 Armchair Travel 9 2:00 Universal Yums 
10:15 Communion with Mary Flannery 10 2:00 Hand Out Oscars  	10:15 Stronger Seniors 11 1:00 Music with Dana 2:00 Huron County Bingo 3:00 Tuck Cart 7:00 Cannon Ball Drop	10:15 Exercise Group 12 2:00 Entertainment with Dave Shakespeare 7:00 Plant Flower Seeds NATIONAL PLANT A FLOWER DAY 	10:15 Stronger Seniors 13 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones	10:15 Exercise Group 14 2:00 Entertainment with the Leaving Tracks 3:00 Hand Out Potato Chips NATIONAL POTATO CHIP DAY 	10:15 Stronger Seniors 15 2:00 Bingo 7:00 Jeopardy	10:15 News and Views 16 2:00 Giant Yahtzee 7:00 Shake Loose A Memory
10:15 Communion with Mary Ryan 17 2:00 St. Patrick's Day Party with Steve Cook 7:00 Manicures WEAR GREEN 	10:15 Stronger Seniors 18 1:00 Music with Dana 2:00 Pokeno 3:00 Tuck Cart 7:00 Slot Machine Competition	10:15 Exercise Group 19 2:00 "Spring" Guggenheim 3:00 Friendly Visits 7:00 Make Paper Flowers FIRST DAY OF SPRING WEAR YELLOW 	9:00 Massage Therapy 20 10:15 Stronger Seniors 2:00 Church Service with Pastor Ken Whiting 3:00 Ice Cream Cones	10:00 Mass with Father 21 10:15 Exercise Group 2:00 5 Pin Bowling 3:00 Hand Therapy 7:00 Pool Noodle Game ROCK YOUR SOCKS FOR DOWN SYNDROME 	8:00 Breakfast Club 22 10:15 Stronger Seniors 2:00 Entertainment with Ashley Giles 7:00 FRY Day-Poutine	10:15 Armchair Travel 23 2:00 Bingo 7:00 Chicken Soup for the Soul-Let's Reminisce
10:15 Communion with Linda Kistner 24 2:00 Parachute 7:00 Manicures	10:15 Stronger Seniors 25 1:00 Music with Dana 1:30 Family Council Meeting 2:00 Bell Choir 3:00 Tuck Cart 7:00 OMNI Projector	10:15 Exercise Group 26 2:00 Birthday Party with Cam Denomme 3:00 Birthday Cake 7:00 Scrambled Words 	9:00 Massage Therapy 27 10:15 Stronger Seniors 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones 7:00 Snoezelen	10:15 Exercise Group 28 2:00 Memorial Service 3:00 Hand Therapy 7:00 Decorate Easter Eggs 	8:00 Breakfast Club 29 10:15 Stronger Seniors 10:30 Exercise Group 2:00 Bingo 7:00 Movie Night GOOD FRIDAY 	10:15 News and Views 30 2:00 DrumFIT 7:00 Easter Candy Guess 
10:15 Communion 31 2:00 Make Tacos 7:00 Manicures  EASTER SUNDAY NATIONAL TACO DAY						