



February 2024

Seaforth Long-Term Care Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:30 Exercise Group 2:00 Entertainment with Ken Dale 7:00 Mens Night	10:30 Stronger Seniors 2:00 Bingo 7:00 "Groundhog" Guggenheim Wear BROWN for Groundhog Day	10:30 News and Views 2:00 DrumFIT 7:00 Make Valentines Day Cards for the Kindergarten Class
10:00 Communion with Linda Kistner 2:00 Basketball 7:00 Manicures	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart	10:30 Exercise Group 2:00 Entertainment with Ron Allin 7:00 Friendly Visits	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Residents Council/Food Committee 3:00 Ice Cream Cones 7:00 Games Night	10:30 Exercise Group 2:00 Jeopardy 3:00 Hand Therapy 7:00 Balloon Volleyball	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 Bake a Cookie Pizza National Pizza Day	10:30 Armchair Travel 2:00 Entertainment with Karen Goforth Chinese New Year Year of the Dragon
10:00 Communion with Mary Flannery 2:00 Church Service with Phil Kuttain 6:30 Super Bowl Party	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Entertainment with Cam Denomme 3:00 Tuck Cart 7:00 Java Music Club	10:00 Visits-SPS Kindergarten Class 2:00 Mardi Gras Karaoke 7:00 Concentration-Famous Couples Mardi Gras Shrove Tuesday	9:00 Massage Therapy 10:30 Stronger Seniors 12:00 Sweetheart Lunch 2:00 Valentines Day Party Now and Then 7:00 Entertainment with the Gee Gees Ash Wednesday Wear RED for Valentines Day	10:00 Mass with Father 2:00 Trivia Tic Tac Toe 3:00 Hand Therapy 7:00 Ladies Night	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 "FRY" Day 	10:30 News and Views 2:00 Horse Races 7:00 Chicken Soup for the Soul-Let's Reminisce
10:00 Communion with Mary Ryan 2:00 Bean Bag Toss 7:00 Manicures	9:00 Music with Dana 10:30 Exercise Group 2:00 Make Family Trees 3:00 Tuck Cart 	10:30 Exercise Group 2:00 Music with Val 7:00 Walk and Talk	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Church Service with Pastor Ken Whiting 3:00 Ice Cream Cones 7:00 Snoezelen	10:30 Exercise Group 2:00 Backwards Geography 3:00 Hand Therapy 7:00 Cannon Ball Drop	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 Movie Night 	10:30 Armchair Travel 2:00 Universal Yums - Snacks and Trivia
10:00 Communion with Mary Barnes 2:00 Frisbee Toss	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Pokeno 3:00 Tuck Cart 7:00 Slot Machine Competition	10:30 Exercise Group 2:00 Birthday Celebration with Gerry Cutting 3:00 Birthday Cake 7:00 OMNI Projector 	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones Wear PINK and Stand Up Against Bullying	10:30 Exercise Group 2:00 "LEAP" Guggenheim 3:00 Hand Therapy 7:00 Wii Games LEAP YEAR 366	SPECIAL EVENTS February 2nd-Groundhog Day-Wear Brown February 9th-National Pizza Day February 10th Chinese New Year February 11th-Super Bowl February 13th-Mardi Gras and Shrove Tuesday February 14th-Valentines Day-Wear Red and Ash Wednesday February 19th-Family Day February 28th-Wear Pink and Stand Up Against Bullying	