



October 2023

Seaforth Long-Term Care Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Communion with Mary Flannery 2:00 Karaoke 7:00 Java Music Club 	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Ring Toss	10:30 Exercise Group 2:00 Fall Paintings 3:00 Friendly Visits 7:00 Jeopardy	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Residents Council/Food Committee 3:00 Ice Cream Cones 7:00 Games Night	10:30 Exercise Group 2:00 ABC Word Game "What are you thankful for?" 3:00 Hand Therapy 7:00 Balloon Volleyball	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 Wii Games	10:30 Armchair Travel 2:00 Universal Yums 7:00 Shake Loose A Memory
10:00 Communion 2:00 Church Service with Phil Kuttain 7:00 Manicures	9:00 Music with Dana 10:30 Stronger Seniors 12:00 "Thanksgiving" Guggenheim 7:00 Lets Bake 	10:30 Exercise Group 2:00 Entertainment with Joel Horvath 3:00 Tuck Cart 7:00 Chicken Soup for the Soul-Let's Reminisce	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones 7:00 Snoezelen	10:30 Exercise Group 2:00 Curling 3:00 Hand Therapy 7:00 Bean Bag Toss	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 Concentration	10:30 News and Views 2:00 Sing A Long With Karen 7:00 You Tube Laugh
10:00 Communion 2:00 Basketball 7:00 Manicures	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Bell Choir with Dana 3:00 Tuck Cart 7:00 Pokeno	10:30 Exercise Group 12:00 Outings-Bowling in Goderich 2:00 Bean Bag Toss 3:00 Friendly Visits 7:00 OMNI Projector 	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Church Service with Pastor Ken Whiting 3:00 Ice Cream Cones 7:00 Entertainment with the Gee Gee's	10:00 Mass 2:00 Entertainment with Cameron Denomme 3:00 Hand Therapy 7:00 Balloon Volleyball	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 Wii Games	10:30 Armchair Travel 2:00 Apple Tasting 7:00 Entertainment with the Leaving Tracks <p>NATIONAL MAKE A DIFFERENCE DAY START TO COLLECT ITEMS FOR THE CHRISTMAS BUREAU</p>
10:00 Communion 2:00 Lawn Darts 7:00 Manicures	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Carve Pumpkins 3:00 Tuck Cart 7:00 Lets Bake 	10:30 Exercise Group 2:00 Birthday Celebration with Ron Allin 3:00 Birthday Cake 7:00 Trivia Tic Tac Toe 	9:00 Massage Therapy 10:30 Stronger Seniors 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones 7:00 Music Bingo	10:30 Exercise Group 2:00 Entertainment with Gerry Cutting 3:00 Hand Therapy 7:00 Target Toss	8:00 Breakfast Club 10:30 Stronger Seniors 2:00 Bingo 7:00 "Halloween" Movie Night <p>PUMPKIN CARVING CONTEST</p>	10:30 News and Views 2:00 Horse Races 7:00 Colouring Boards
10:00 Communion 2:00 Halloween Bingo 7:00 Manicures	10:30 Stronger Seniors 1:00 Music with Dana 2:00 Entertainment with Maria, Sherry and Murray 3:00 Tuck Cart 7:00 Slot Machine Competition	10:30 Exercise Group 2:00 Halloween Party with Music with Val 3:00 Halloween Cake 6:00 Trick or Treat-hand out candy 				