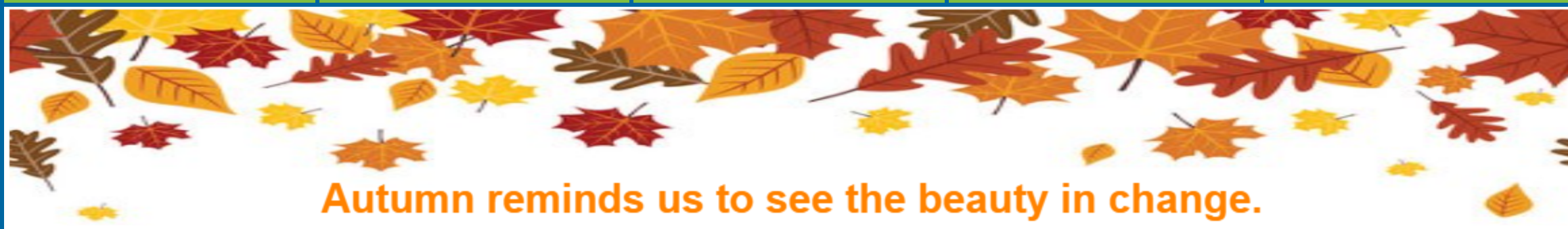














September 2023

Seaforth Long-Term Care Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Autumn reminds us to see the beauty in change.</p>						8:00 Breakfast Club 1 10:30 Stronger Seniors 2:00 Bingo 7:00 Wii Games
10:00 Communion with Tom Devereaux 3 2:00 Frisbee Toss 7:00 Manicures	10:00 Back to School Advice 4 2:00 Music Bingo 3:00 Tuck Cart 7:00 Baking for '' Carnival 	10:30 Exercise Group 5 2:00 Entertainment with Now and Then (outside) 3:00 Friendly Visits 7:00 Baking for the Carnival	9:00 Massage Therapy 6 10:30 Exercise Group 2:00 Residents Council/Food Committee  3:00 Ice Cream Cones 7:00 Games Night	10:30 Walk A Block 7 12:00 Barbeque 2:00 Jeopardy 3:00 Hand Therapy 7:00 Campfire 	8:00 Breakfast Club 8 10:30 Stronger Seniors 2:00 Bingo 7:00 Baking for the Carnival	10:30 Armchair Travel 9 2:00 Painting-Fall Fair Entry 7:00 Chicken Soup for the Soul-Let's Reminisce
10:00 Communion with Linda Kistner 10 1:00 Grandparents Day Carnival 7:00 Entertainment with the Leaving Tracks 	10:30 Stronger Seniors 11 1:00 Music with Dana 2:00 Entertainment with Marie and Joseph 3:00 Tuck Cart 7:00 Adult Colouring-Fall Fair Entry	10:30 Exercise Group 12 2:00 Karaoke 3:00 Friendly Visits 7:00 Floral Arrangements-Fall Fair Entry	9:00 Massage Therapy 13 10:30 Exercise Group 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones 7:00 Penmanship and Handmade Birthday Cards-Fall Fair Entry	10:30 Walk A Block 14 12:00 Barbeque 2:00 Entertainment with Dave Shakespeare (outside) 3:00 Hand Therapy 7:00 Balloon Volleyball	8:00 Breakfast Club 15 10:30 Stronger Seniors 2:00 Bingo 7:00 You Tube Laugh	10:30 News and Views 16 2:00 5 Pin Bowling 7:00 Ladies Night
10:00 Communion with Mary Ryan 17 2:00 Golf-Putting Green 7:00 Manicures	10:30 Stronger Seniors 18 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Slot Machine Competition	10:30 Exercise Group 19 2:00 Entertainment with Ron Allin (outside) 3:00 Friendly Visits 7:00 OMNI Projector	9:00 Massage Therapy 20 10:30 Stronger Seniors 2:00 Church Service with Pastor Ken Whiting  3:00 Ice Cream Cones 7:00 Make Homemade Pizzas	10:15 Mass 21 12:00 Barbeque 2:00 Entertainment with Jason Lamont (outside)  3:00 Hand Therapy 7:00 Campfire Wear WHITIE for World Peace Day	8:00 Breakfast Club 22 10:30 Stronger Seniors 2:00 Bingo 7:00 Word in a Word Silent Auction for Alzheimer Society In Basement Sept. 22nd-Sept. 29th at 1pm	10:30 Armchair Travel 23 2:00 DrumFIT 7:00 Giant Word Search  First Day of Fall Wear ORANGE/RED/YELLOW
10:00 Communion with Mary Barnes 24 2:00 Church Service with Phil Kuttain 7:00 Manicures	10:30 Stronger Seniors 25 1:00 Music with Dana 1:30 Family Council Meeting 2:00 Bell Choir with Dana 3:00 Tuck Cart 7:00 Trivia Tic Tac Toe	10:30 Exercise Group 26 2:00 Birthday Celebration with Gerry Cutting (outside) 3:00 Birthday Cake  7:00 Campfire	9:00 Massage Therapy 27 10:30 Stronger Seniors 2:00 Church Service with Pastor Brian Hymers 3:00 Ice Cream Cones 7:00 Snoezelen	10:30 Walk A Block 28 12:00 Barbeque 2:00 Memorial Service  3:00 Hand Therapy 7:00 Pool Noodle Game	8:00 Breakfast Club 29 10:30 Stronger Seniors 2:00 Bingo 7:00 Movie Night ar Popcorn 	10:30 News and Views 30 2:00 Universal Yums 7:00 Mens Night 