

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# April 2023

## SEAFORTH LONG TERM CARE HOME



9:15 One to One Exercises  
 10:00 News and Views  
 2:00 "April" Sentence Sense  
 7:00 "Too Funny" Chicken Soup for the Soul  
**APRIL FOOLS DAY**

9:15 One to One Exercises  
**10:00 Roman Catholic Communion with Mary Flannery**  
 2:00 Bridge Golf  
 7:00 Manicures

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**1:00 Music with Dana**  
 2:00 Music Bingo  
 3:00 Tuck Cart  
 7:00 OMNI Game  
**FOOTCARE**

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Entertainment with Cam Denomme**  
 7:00 Decorate Easter Eggs

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Residents Council & Food Committee**  
 3:00 Ice Cream  
 7:00 Bell Choir

9:15 One to One Exercises  
 10:30 Stronger Seniors  
 2:00 "April Showers-May Flowers" Word in a Word  
 3:00 Visits with Snowflake  
 7:00 Pool Noodle Game

8:30 Breakfast Club  
 10:00 Exercise Group  
**10:45 Rosary with Mary Helen VanLoon**  
 2:00 Bingo  
 7:00 Beer tasting  
**GOOD FRIDAY NATIONAL BEER DAY**

9:15 One to One Exercises  
 10:00 News and Views  
 2:00 Easter Painting  
 7:00 Giant Word Find

9:15 One to One Exercises  
 10:00 Roman Catholic Communion  
**2:00 Church Service with Phil Kuttain**  
 7:00 Manicures  
**EASTER SUNDAY WEAR PURPLE**

9:15 One to One Exercises  
 10:30 Candy Guess  
**1:00 Music with Dana**  
 2:00 "Easter" Guggenheim  
 3:00 Tuck Cart  
 7:00 Easter Baking  
**EASTER MONDAY**

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Entertainment with Ron Allin**  
 7:00 Java Music

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Church Service with Pastor Brian Hymers**  
 3:00 Ice Cream Cones  
**7:00 Entertainment with the Gee Gee's**

9:15 One to One Exercises  
 10:30 Stronger Seniors  
 2:00 Giant Yahtzee  
 3:00 Hand Therapy  
 7:00 Balloon Volleyball

8:30 Breakfast Club  
 10:00 Exercise Group  
**10:45 Rosary with Mary Helen VanLoon**  
 2:00 Bingo  
 7:00 Wii Games

9:15 One to One Exercises  
 10:00 News and Views  
 2:00 Movie Trivia  
 7:00 Movie Night-Titanic

9:15 One to One Exercises  
**10:00 Roman Catholic Communion with Mary Ryan**  
 2:00 Parachute Game  
 7:00 Manicures

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**1:00 Music with Dana**  
 2:00 Pokeno  
 3:00 Tuck Cart  
 7:00 Anecdote Game

9:15 One to One Exercises  
 10:30 Stronger Seniors  
 2:00 Karaoke  
 3:00 Snoezelen  
 7:00 Cards and Games

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Church Service with Pastor Ken Whiting**  
 3:00 Ice Cream Cones  
 7:00 Bell Choir

9:15 One to One Exercises  
 10:30 Stronger Seniors  
 2:00 Jeopardy  
 3:00 Visits with Snowflake  
 7:00 Pool Noodle Game

8:30 Breakfast Club  
 10:00 Exercise Group  
**10:45 Rosary with Mary Helen VanLoon**  
 2:00 Bingo  
**7:00 Entertainment with Joel Horvath**

9:15 One to One Exercises  
 10:00 News and Views  
**2:00 Sing A Long with Karen**  
 7:00 ABC Recyclables  
**EARTH DAY**

9:15 One to One Exercises  
**10:00 Roman Catholic Communion with Mary Barnes**  
 2:00 OMNI Projector  
 7:00 Manicures

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**1:00 Music with Dana**  
 2:00 Music Bingo  
 3:00 Tuck Cart  
 7:00 Slot Machines

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Birthday Party with Gerry Cutting**  
 3:00 Birthday Cake  
 7:00 Java Music

9:15 One to One Exercises  
 10:30 Stronger Seniors  
**2:00 Church Service with Pastor Brian Hymers**  
 3:00 Ice Cream Cones  
 7:00 Make Pretzels  
**PRETZEL DAY**

9:15 One to One Exercises  
 10:30 Stronger Seniors  
 2:00 Tic Tac Toe Trivia  
 3:00 Rummikub  
 7:00 Balloon Volleyball

8:30 Breakfast Club  
 10:00 Exercise Group  
**10:45 Rosary with Mary Helen VanLoon**  
 2:00 Bingo  
 7:00 Who's Your Hero?  
**SUPER HERO DAY**

9:15 One to One Exercises  
 10:00 News and Views  
 2:00 Universal Yums  
 7:00 What's in the Bag?  
 universal yums!

9:15 One to One Exercises  
**10:00 Roman Catholic Communion with Linda Kistner**  
 2:00 Shake Loose a Memory  
 7:00 Manicures

*A Heartfelt Thank You*  
**TO ALL OF OUR AMAZING VOLUNTEERS!**  
 We couldn't do it without you!

**5 reasons to volunteer**

1. Gain new skills
2. Meet new people
3. Make a difference
4. Give back to the community
5. Feel valued and be part of a team

**...and have fun!**

**DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING.**

