

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 One to One Exercises 10:00 Roman Catholic Communion 2:00 Frozen Lemonade Slushies 7:00 Manicures NATIONAL LEMONADE DAY 	9:15 One to One Exercises 10:30 Stronger Seniors 1:00 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Slot Machine Competition	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Bingo 3:00 Montessori 7:00 Cannonball Drop	9:15 One to One Exercises 9:45 Stronger Seniors 10:30 Music and a Story 2:00 Resident Council & Food Committee Meeting 3:00 Book Club 7:00 Paint Night 	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Make Salsa 3:00 Ice Cream Cones 7:00 Balloon Volleyball CINCO DE MAYO 	8:30 Breakfast Club 9:15 One to One Exercises 10:00 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Wii Jeopardy	9:15 One to One Exercises 10:00 Exercise Group 2:00 Mother's Day Tea with Ron Allin  7:00 Manicures MOTHER'S DAY
9:15 One to One Exercises 10:00 Roman Catholic Communion 2:00 Mother's Day Tea with Ron Allin  7:00 Manicures MOTHER'S DAY	9:15 One to One Exercises 10:30 Stronger Seniors 1:00 Music with Dana 2:00 Pokeno 3:00 Tuck Cart 7:00 Let's Bake	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Let's Get Crafty 7:00 Bingo	9:15 One to One Exercises 9:45 Stronger Seniors 10:30 Music and a Story 2:00 Church Service with Pastor Brian Hymers 3:00 Book Club 7:00 Java Music Club	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Giant Yahtzee 3:00 Ice Cream Cones 7:00 Pool Noodle Game	8:30 Breakfast Club 9:15 One to One Exercises 10:00 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 ABC Superstitions WEAR BLACK FOR FRIDAY THE 13TH 	9:15 One to One Exercises 10:00 News and Views 2:00 5 Pin Bowling 7:00 Colouring Boards
9:15 One to One Exercises 10:00 Roman Catholic Communion 2:00 Manicures 7:00 Tic Tac Toe Trivia	9:15 One to One Exercises 10:30 Stronger Seniors 1:00 Music with Dana 1:30 Family Council-Zoom 2:00 Music Bingo 3:00 Tuck Cart 7:00 Games Night	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Bingo 3:00 Hand Therapy 7:00 OMNI Projector	9:15 One to One Exercises 9:45 Stronger Seniors 10:30 Music and a Story 2:00 Church Service with Pastor Ken Whiting 3:00 Book Club 7:00 Plinko	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Entertainment with Friends With Music 3:00 Ice Cream Cones 7:00 Balloon Volleyball	8:30 Breakfast Club 9:15 One to One Exercises 10:00 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Wii Family Feud	9:15 One to One Exercises 10:00 Exercise Group 2:00 Basketball 7:00 What's in the Bag?
9:15 One to One Exercises 10:00 Roman Catholic Communion 2:00 Manicures 7:00 Shake Loose a Memory	9:15 One to One Exercises 10:30 Stronger Seniors 1:00 Music with Dana 2:00 "Victoria" Word Bridge 3:00 Tuck Cart 7:00 Let's Bake  VICTORIA DAY	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Entertainment with Dave Shakespeare 3:00 Snoezelen 7:00 Bingo	9:15 One to One Exercises 9:45 Stronger Seniors 10:30 Music and a Story 2:00 Church Service with Pastor Brian Hymers 3:00 Book Club 7:00 Karaoke NATIONAL WINE DAY 	9:15 One to One Exercises 10:15 Mass with Father 10:45 Stronger Seniors 2:00 Make Paper Airplanes/Competition 3:00 Ice Cream 7:00 Campfire 	8:30 Breakfast Club 9:15 One to One Exercises 10:00 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Movie Night 	9:15 One to One Exercises 10:00 News and Views 2:00 Universal Yums Snacks and Trivia 7:00 Senses Game 
9:15 One to One Exercises 10:00 Roman Catholic Communion 2:00 Manicures 7:00 Giant Boggle	9:15 One to One Exercises 10:30 Stronger Seniors 1:00 Music with Dana 2:00 Memorial Service 2:30 Plant Flowers Outside 7:00 Tuck Cart NATIONAL PLANT A FLOWER DAY	9:15 One to One Exercises 10:30 Stronger Seniors 2:00 Birthday Party with Joel Horvath 3:00 Birthday Cake  7:00 Bingo NATIONAL SMILE DAY	<h1>May 2022</h1> <h2>SEAFORTH LONG TERM CARE HOME</h2>			

DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING.