

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:15 One to One Exercises
10:30 Walk A Blocks
2:00 Curling
3:30 Bible Lessons
7:00 "Red" Guggenheim
Wear RED and WHITE for Canada Day!



9:15 One to One Exercises
10:30 Stronger Seniors
2:00 Horse Shoes
3:30 Tuck Cart
7:00 ABC Canada

9:15 One to One Exercises
9:45 Stronger Seniors
10:30 Bible Study with Wally DeWolfe
2:00 Residents Council and Food Committee
3:00 Ice Cream Cones
7:00 Let's Bake

9:15 One to One Exercises
10:30 Stronger Seniors
12:00 BBQ on the Patio
2:00 Cotton Candy on the Patio
3:30 Snowflake Visits
7:00 Book Club

8:30 Breakfast Club
9:45 Exercise Group
10:45 Rosary with Mary Helen VanLoon
2:00 Bingo

9:15 One to One Exercises
10:00 Exercise Group
2:00 Entertainment with the Leaving Tracks
National Fried Chicken Day!



9:15 One to One Exercises
10:15 Roman Catholic Communion
1:30 Music with Dana
2:00 Bean Bag Toss

9:15 One to One Exercises
10:30 Stronger Seniors
2:00 Pokeno
3:00 Tuck Cart
7:00 Giant Word Find

9:15 One to One Exercises
10:30 Walk A Blocks
2:00 Entertainment with Dave Shakespeare
3:30 Snowflake Visits
7:00 Family Games Night

9:15 One to One Exercises
9:45 Stronger Seniors
10:30 Bible Study with Wally DeWolfe
2:00 Giant Yahtzee
3:00 Ice Cream Cones
7:00 Java Memory Care

9:15 One to One Exercises
10:30 Stronger Seniors
12:00 BBQ on the Patio
2:00 Let's Get Crafty
3:30 Book Club
7:00 Campfire
Foot Care Clinic



8:30 Breakfast Club
9:45 Exercise Group
10:45 Rosary with Mary Helen VanLoon
2:00 Bingo
7:00 Entertainment with Joel Horvath

9:15 One to One Exercises
10:00 News and Views
1:05 Blue Jays Day!
3:00 Snoezelen
7:00 Ladies Night
Wear BLUE!



9:15 One to One Exercises
10:15 Roman Catholic Communion
2:00 Church Service with Pastor Laurie Morris
3:00 Book Club

9:15 One to One Exercises
10:30 Stronger Seniors
1:30 Music with Dana
2:00 Music Bingo
3:00 Tuck Cart
3:30 Bible Lessons
7:00 Let's Bake

9:15 One to One Exercises
10:30 Walk A Blocks
11:30 Walk to Freeze King for Lunch
2:00 Entertainment with Marie and Joseph
7:00 Karaoke



9:15 One to One Exercises
9:45 Stronger Seniors
10:30 Bible Study with Wally DeWolfe
2:00 Church Service with Pastor Ken Whiting
3:00 Ice Cream Cones
7:00 Trivia Tic Tac Toe

9:15 One to One Exercises
10:30 Stronger Seniors
12:00 BBQ on the Patio
2:00 Smoothies on the Patio
3:30 Chats with Cathy
7:00 Pool Noodle Game

8:30 Breakfast Club
9:45 Exercise Group
10:45 Rosary with Mary Helen VanLoon
2:00 Bingo
7:00 Wii Family Feud

9:15 One to One Exercises
10:00 Sing A Long with Karen
2:00 Target Toss

9:15 One to One Exercises
10:15 Roman Catholic Communion
2:00 Ladder Ball

9:15 One to One Exercises
10:30 Stronger Seniors
1:30 Music with Dana
2:00 Drumming Circle with Dana
3:00 Tuck Cart
7:00 Plinko

9:15 One to One Exercises
10:30 Bus Trip to Goderich for a Picnic and Ice Cream!
2:00 Ring Toss
3:30 Snowflake Visits
7:00 Games Night



9:15 One to One Exercises
9:45 Stronger Seniors
10:30 Bible Study with Wally DeWolfe
2:00 Entertainment with Marie Nemes
3:00 Ice Cream Cones
7:00 Java Music Club

9:15 One to One Exercises
10:30 Stronger Seniors
12:00 BBQ on the Patio
2:00 Let's Get Crafty
3:30 Book Club
7:00 Campfire



8:30 Breakfast Club
9:45 Exercise Group
10:45 Rosary with Mary Helen VanLoon
2:00 Bingo
7:00 Movie and Popcorn



9:15 One to One Exercises
10:00 News and Views
2:00 Universal Yums-Snacks and Trivia
3:00 Snoezelen
7:00 Men's Night

9:15 One to One Exercises
10:15 Roman Catholic Communion
2:00 Balloon Volleyball
3:00 Manicures
6:45 Gospel Hall Singers

9:15 One to One Exercises
10:30 Stronger Seniors
1:30 Music with Dana
1:30 Community Living Visits-Outdoor Games
3:00 Tuck Cart
7:00 Slot Machine Competition

9:15 One to One Exercises
10:30 Walk A Blocks
2:00 Birthday Celebrations with Cameron Denomme
7:00 Karaoke



9:15 One to One Exercises
9:45 Stronger Seniors
10:30 Bible Study with Wally DeWolfe
2:00 Horse Races
3:00 Ice Cream Cones
7:00 Jeopardy



July 2019



SEAFORTH LONG TERM CARE HOME

DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING.