

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



SEAFORTH LONG TERM CARE HOME

								8:30 Breakfast Club 1 9:45 Exercise Group 10:45 Rosary with Gladys 2:00 Bingo 7:00 Wii Wheel of Fortune		9:15 One to One Exercises 2 10:00 News and Views 2:00 Target Toss 7:00 "March" Guggenheim			
9:15 One to One Exercises 3 10:10 Roman Catholic Communion 2:00 Memorial Service with Pastor Laurie Morris 7:00 Jeopardy		9:15 One to One Exercises 4 10:30 Stronger Seniors 12:30 Family Council Meeting 1:30 Music with Dana 2:00 Pokeno 3:00 Tuck Cart 3:30 Bible Lessons 7:00 Senses Game		9:15 One to One Exercises 5 10:30 Bowling with Students from SPS 2:00 Pancake Toss 3:00 Friendly Visits 7:00 Games Night SHROVE TUESDAY PANCAKES FOR LUNCH		9:15 One to One Exercises 6 9:45 Stronger Seniors 10:30 Bible Study with Wally 2:00 Entertainment with Joyful Noise 3:00 Visits with Snowflake 7:00 Java Memory Care ASH WEDNESDAY		9:15 One to One Exercises 7 10:30 Stronger Seniors 2:00 Mardi Gras Party with Michael Semenuk 3:30 Book Club 7:00 Make Necklaces MARDI GRAS		8:30 Breakfast Club 8 9:45 Exercise Group 10:45 Rosary with Gladys 2:00 Bingo 7:00 Wii Family Feud		9:15 One to One Exercises 9 10:00 Exercise Group 2:00 Parachute Trivia 3:00 Snoezelen 7:00 Men's Group	
9:15 One to One Exercises 10 10:10 Roman Catholic Communion 2:00 Horse Races 3:00 Manicures 7:00 Chicken Soup Let's Reminisce 		9:15 One to One Exercises 11 10:30 Stronger Seniors 1:30 Music with Dana 2:00 Music Bingo 3:00 Tuck Cart 7:00 Slot Machine Competition		9:15 One to One Exercises 12 10:30 Bowling with Students from SPS 2:00 Entertainment with Marie Flynn 3:00 Friendly Visits 7:00 Decorate Flower Pots for National Plant a Flower Day		9:15 One to One Exercises 13 9:45 Stronger Seniors 10:30 Bible Study with Wally DeWolfe 2:00 Resident Council and Food Committee Meetings 3:00 Visits with Snowflake 7:00 Let's Bake		9:15 One to One Exercises 14 10:30 Stronger Seniors 2:00 ABC Things that are Green 3:30 Book Club 7:00 Pool Noodle Game		8:30 Breakfast Club 15 9:45 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Wii Bowling		9:15 One to One Exercises 16 10:00 News and Views 2:00 Bean Bag Toss	
9:15 One to One Exercises 17 10:10 Roman Catholic Communion 2:00 St. Patrick's Day Party with Dave Shakespeare WEAR GREEN FOR ST. PATRICK'S DAY!		9:15 One to One Exercises 18 10:30 Stronger Seniors 1:30 Music with Dana 2:00 Drumming Circle with Dana 3:00 Tuck Cart 3:30 Bible Lessons 7:00 Plinko		9:15 One to One Exercises 19 10:30 Bowling with Students from SPS 2:00 Painting with Jayne 7:00 Games Night		9:15 One to One Exercises 20 9:45 Stronger Seniors 10:30 Bible Study with Wally 2:00 Church Service with Pastor Ken Whiting 3:00 Visits with Snowflake 7:00 Java Music Club WEAR YELLOW FOR THE FIRST DAY OF SPRING!		9:15 One to One Exercises 21 9:45 Stronger Seniors 11:00 Mass with Father Clare 2:00 Entertainment with Cameron Denomme 3:30 Book Club 7:00 Balloon Volleyball WEAR FUNKY SOCKS!		8:30 Breakfast Club 22 9:45 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Giant Word Find		9:15 One to One Exercises 23 10:00 News and Views 2:00 Universal Yums-Trivia and Snacks 7:00 Men's Group	
9:15 One to One Exercises 24 10:10 Roman Catholic Communion 2:00 Giant Yahtzee 3:00 Manicures 7:00 Ladies Night		9:15 One to One Exercises 25 10:30 Stronger Seniors 1:30 Music with Dana 2:00 Entertainment with the Merry Makers 3:00 Tuck Cart 7:00 Cannonball Drop		9:15 One to One Exercises 26 10:30 Bowling with Students from SPS 2:00 Spring Sentence Sense 7:00 Let's Bake		9:15 One to One Exercises 27 9:45 Stronger Seniors 10:30 Bible Study with Wally DeWolfe 2:00 Birthday Celebrations with Ron Allin 3:00 Visits with Snowflake 7:00 Bridge Golf		9:15 One to One Exercises 28 10:30 Stronger Seniors 2:00 Baking with Community Living 3:30 Book Club 7:00 Karaoke Night KARAOKE		8:30 Breakfast Club 29 9:45 Exercise Group 10:45 Rosary with Mary Helen VanLoon 2:00 Bingo 7:00 Movie Night with Popcorn		9:15 One to One Exercises 30 10:00 Exercise Group 2:00 Horse Shoes 7:00 Trivia Tic Tac Toe	
9:15 One to One Exercises 31 10:10 Roman Catholic Communion 2:00 Frisbee Toss 7:00 Shake Loose a Memory		<p style="text-align: center;">HIGHLIGHTS:</p> <p>Tuesday March 5th-Shrove Tuesday (pancakes for lunch) Wednesday March 6th-Ash Wednesday Thursday March 7th-Mardi Gras Party with Michael Semenuk Sunday March 10th-Daylight Savings</p> <p>Sunday March 17th-St. Patrick's Day Party with Dave Shakespeare (wear green) Wednesday March 20th-Frist Day of Spring (wear yellow) Thursday March 21st-Wear Funky Socks Tuesday March 26th-Birthday Celebrations with Ron Allin</p>											

DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING.

